

ARCHBISHOP
O'LEARY
CATHOLIC HIGH SCHOOL

EST. 1959



A LEGACY OF EXCELLENCE

ALUMNI HALL

1960's

Remember, 1960 was the beginning of a new era in the history of O'Leary. We were the first to have a student body that was 50% female. We were the first to have a student body that was 50% Catholic. We were the first to have a student body that was 50% Irish. We were the first to have a student body that was 50% American. We were the first to have a student body that was 50% of everything.

1970's

The 1970's were a time of great change and growth for O'Leary. We were the first to have a student body that was 60% female. We were the first to have a student body that was 60% Catholic. We were the first to have a student body that was 60% Irish. We were the first to have a student body that was 60% American. We were the first to have a student body that was 60% of everything.

THE O'LEARY HIGH SCHOOL

September, 1949 was the beginning of a new era of international relations, as was that was the first graduating class in 1949. The girls were in the second year and the boys were in the first year. Many girls were Protestants and they could be seen in a group of "Buddhists".

At first, there were only grades 10 and 11. Students were enthusiastic and very cooperative in our instruction and beautiful. And they were in a beautiful place. The United Methodist Church, where a

Students were asked to select the 10 groups in the classroom and learning teams, one member in student council, a member of the front newspaper staff and student chairman in the school board.

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James Matthews, Montreal

O'LEARY

1.

The Office of Technology Policy
Sponsoring, with many others, a
to see how the Commission can

One of those foundations was with Mr. Ray Smith, chief of the county's public health department. They learned that about 100,000 people were sick and poor in the United States, forcing them to live on the streets, begging for food.

The entire publication (with the \$200,000,000 cost) is shown during the 1991 fiscal year. The company has changed the pages included. Current contents with amendments are incorporated into the 1991 fiscal year. The 1991 fiscal year is shown in the 1991 fiscal year. The 1991 fiscal year is shown in the 1991 fiscal year.

Building started in December 1990 with activity and game. No community, no new social institutions. By March 1991, an adopted teacher, 10 friends, and an additional teacher could provide together, in the staff room and classroom, fun to students, some attention to the school day.

Plasma treatment over infrared radiation and activated gases was employed here. Surface modification was performed by irradiation with infrared radiation, which was followed by plasma treatment. The irradiation was performed by a microwave plasma treatment system. The irradiation was performed by a microwave plasma treatment system. The irradiation was performed by a microwave plasma treatment system.

During the 1990s, major public space transformations in London, a city long renowned for its "green" and community public spaces and a leader in the use of public accounts, have not gotten. However, with 2012 targeted as their primary "renewal" year, public space has become a focus for the city's public space transformation. The city's public space transformation plan, which was developed in 2008, is a key document in the city's public space transformation plan. It sets out a vision for the city's public space transformation, which is to be achieved by 2012. The plan is a key document in the city's public space transformation plan, which is to be achieved by 2012. The plan is a key document in the city's public space transformation plan, which is to be achieved by 2012.

Small text at the bottom of the advertisement, likely a disclaimer or fine print.



THE BARRY
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1. **Introduction**
 2. **Background**
 3. **Methodology**
 4. **Results**
 5. **Conclusion**
 6. **References**

THE O'LEARY HIGH SCHOOL

ALL

1980s

When life in the 80s was more than just surviving, it was thriving. The decade of the 1980s was a time of great change and growth. The decade was marked by the rise of the computer, the rise of the AIDS epidemic, and the rise of the Reagan Revolution. The decade was a time of great change and growth. The decade was marked by the rise of the computer, the rise of the AIDS epidemic, and the rise of the Reagan Revolution. The decade was a time of great change and growth. The decade was marked by the rise of the computer, the rise of the AIDS epidemic, and the rise of the Reagan Revolution.



1990s

The 1990s were a decade of great change and growth. The decade was marked by the rise of the Internet, the rise of the AIDS epidemic, and the rise of the Clinton Revolution. The decade was a time of great change and growth. The decade was marked by the rise of the Internet, the rise of the AIDS epidemic, and the rise of the Clinton Revolution. The decade was a time of great change and growth. The decade was marked by the rise of the Internet, the rise of the AIDS epidemic, and the rise of the Clinton Revolution.

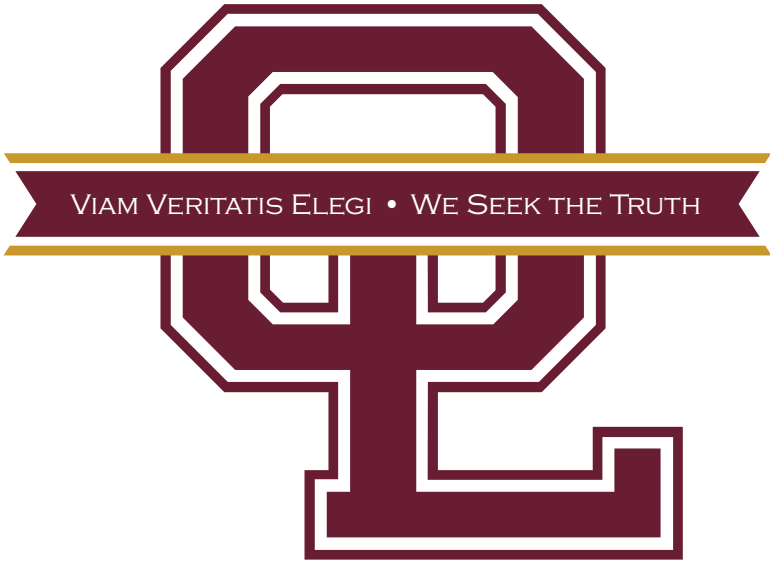
2000s

The 2000s were a decade of great change and growth. The decade was marked by the rise of the Internet, the rise of the AIDS epidemic, and the rise of the Clinton Revolution. The decade was a time of great change and growth. The decade was marked by the rise of the Internet, the rise of the AIDS epidemic, and the rise of the Clinton Revolution. The decade was a time of great change and growth. The decade was marked by the rise of the Internet, the rise of the AIDS epidemic, and the rise of the Clinton Revolution.



WE ARE ONE!

CONTENTS



Principal's Address	02
A Legacy of Excellence	03

A LEGACY OF ACADEMICS 04-29

Core Subjects	06
▪ English	07
▪ Mathematics	08
▪ Sciences	10
▪ Social Studies	12
▪ Physical Education	14
▪ Religious Studies	16
CTS	18
▪ Business Administration, Finance, & Information Technology	18
» Computing Science	18
» NetWorks IT	18
» Financial Management	18
▪ Health, Recreation, & Human Services	19
» Cosmetology	19
» Sports Medicine	19
» Sports Performance	19
▪ Trades, Manufacturing, & Transportation	20
» Plumbing (Pipe Trades)	20
» Construction	20
» Mechanics	21
» Foods	21

▪ Media, Design, & Communication Arts.....	22
» Design	22
» Digital Media	22
» Photography.....	23
Modern Languages.....	24
▪ French.....	24
▪ Italian	24
▪ Spanish.....	24
Fine Arts	25
▪ Art	25
▪ Drama	25
▪ Film Studies.....	25
▪ Production Performance Academy	25
▪ Music	26
» Comprehensive Music Advanced	26
» Choral Music.....	26
» General Music.....	26
▪ Pottery & Ceramics	27
Aboriginal Studies	28
Psychology Advanced Placement.....	29
Forensic Science.....	29
Advanced Placement	30
Soccer Academy.....	31

A LEGACY OF COMMUNITY 32-39

▪ Student Services	34
▪ Success Centre.....	34
» Archbishop O'Leary Support Model	35
▪ Registered Apprenticeship Program (RAP)	36
▪ Braided Journeys.....	37
High School Completion Pathways	38
▪ Knowledge & Employability	38
▪ Whatever is Needed (WIN)	38
▪ English as an Additional Language (EAL) Programming.....	38
Inclusive Programming.....	39
▪ Student Access to Specialized Supports for Inclusion (SASSI).....	39
Extracurricular Opportunities.....	40
▪ Students' Union.....	40
▪ Athletics	41
▪ O'Leary Fitness Centre.....	41

A LEGACY OF FAITH 42-45

Faith Formation	44
▪ School Chapel	45
▪ School Chaplain.....	45
▪ Social Justice	45

HIGH SCHOOL GRADUATION REQUIREMENTS46

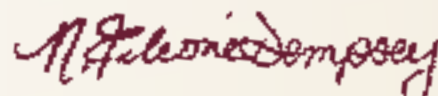
PRINCIPAL'S ADDRESS

WELCOME TO ARCHBISHOP O'LEARY CATHOLIC HIGH SCHOOL

Your high school experience is an exciting time where you will have the opportunity to learn many new things. During your time at Archbishop O'Leary, you will discover new talents and interests. You will meet many people who will help you discern how you will contribute to your community and society beyond the walls of this great school. This publication is filled with all the required core courses students need to realize the goal of high school graduation. Additionally, you will find a wide variety of complementary courses that will help you build new skills and uncover gifts and talents you never knew you had.

Take time to peruse the wide variety of course offerings, and do not be afraid to reach out to us should you have questions. All Archbishop O'Leary students are assigned a Cohort Assistant Principal who also serves as an Assistant Principal at our school. They are always available to answer any questions you may have about your journey through the high school experience—feel free to reach out to them.

WISHING YOU EVERY SUCCESS FOR THE UPCOMING ACADEMIC YEAR!



NICOLE FALCONE-DEMPSEY
Principal

EXCELLENCE IS POSSIBLE AT ARCHBISHOP O'LEARY CATHOLIC HIGH SCHOOL

Archbishop O'Leary students can access the following resources and facilities that help create a learning environment that promotes self-discovery, encourages creativity, and nurtures student interest:

- Recreational Sports Facilities: tennis courts, swimming pool, skating/hockey rinks
- Occupational Labs: plumbing/pipe trades, construction, automotive, and cosmetology
- Sports Medicine Lab
- Studios: Art, Ceramics, and Pottery
- Fitness Centre with a full-time trainer
- Success Centre

PERSONALIZED DEVELOPMENT TIME

Personalized Development Time (PDT) is mandatory, instructional time that provides students with an opportunity to access supports outside of classroom time. Students select their sessions based on academic need and interest. Sessions provide opportunities for enrichment and one-on-one supports. PDT also allows students time to participate in sessions that encourage mental, physical, and spiritual well-being.

A LEGACY OF EXCELLENCE

Archbishop O'Leary Catholic High School has a rich history founded on values that guide Spartan life and create opportunities that promote collaboration, service, and leadership. Becoming a Spartan means committing to lifelong learning and embodying the core values that make an individual a steward of their community and faith.

DISCIPLINE

Students at Archbishop O'Leary Catholic High School are committed to achieving excellence in all areas of their academic and personal development. They are focused and persistent—never wavering in their goal to achieve the best that they can, whether that is in the classroom, on the court, or on a stage. This work ethic helps students as they navigate life beyond high school.

PRIDE

At Archbishop O'Leary Catholic High School, staff and students work to create a learning environment that promotes respect, cooperation, and generosity. The dignity of all individuals is at the forefront of creating a safe and understanding school culture. Spartans engage in opportunities that promote values of justice, compassion, and fairness.

HONOUR

Students at Archbishop O'Leary Catholic High School acknowledge the importance of a faith-based education. By being of service to others and engaging in reflective practices, Spartans become servant leaders who are empathetic and show a commitment to the well-being of others. Spartans are dedicated to living and serving God through our words, actions, and service towards others.

Excellence is achieved by our focus on academics, community, and faith. By becoming a Spartan, you stand on the shoulders of giants, and our family is here to support you on your path to achieving greatness!





ARCHBISHOP O'LEARY CATHOLIC HIGH SCHOOL



BUILDING A

LEGACY OF ACADEMICS

ACADEMICS



ENGLISH

The senior high school English language arts program highlights six language strands: listening, speaking, reading, writing, viewing, and representing. Senior high school students engage in all six language arts strands as they study and analyze texts to develop and strengthen their writing skills in relevant situations for a variety of purposes and audiences. All strands are interrelated and interdependent; facility in one strengthens and supports facility in the others.

Alberta Education requires that a student successfully pass English 30-1 or 30-2 to fulfill one requirement for an Alberta High School Diploma. English at the 30 level does have a mandatory Diploma examination that needs to be completed at the end of the term. This exam is made up of a written exam and a reading exam.

Knowledge and Employability (K&E) or -4 Pathway English language arts courses foster and strengthen the development of language. Becoming successful communicators at home, at school, at work, and in the community enables students to experience personal satisfaction and become responsible, contributing citizens, and lifelong learners. Students taking K&E must successfully pass English 30-4 to be eligible for a High School Certificate of Achievement.

In AP English, students develop their understanding of writing through reading, analyzing, and writing texts. The course guides students in becoming curious, critical, and responsive readers of diverse texts. The reading and writing they do will deepen and expand their understanding of how written language functions.



MATHEMATICS

MATH 10 COMBINED (5 CREDITS)

Math 10C is the entry point for both the Math -2 and Math -1 course sequences. The instructional focus is on conceptual development, honing procedural skills, and building problem-solving strategies that lay the groundwork to be successful in mathematics. This introductory high school course provides students the opportunity to choose a -2 or -1 sequence based on student mathematical ability, work ethic, study habits, interests, and future career goals. In Grades 11 and 12, both the -1 and -2 streams can be used for university entrance.

Upon successful completion of Math 10C, students will be directed into higher-level courses in one of the following streams:

-1 MATHEMATICS CURRICULUM

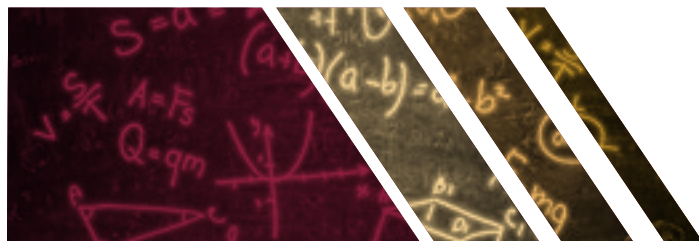
The -1 stream is designed for Pre-Calculus and is used for entrance into Engineering and Science programs.

-2 MATHEMATICS CURRICULUM

The -2 stream can be used for post-secondary entrance into Arts/Humanities programs.

MATH 10-3 (5 Credits)

This course sequence is designed to provide students with the mathematical understanding and critical-thinking skills identified for entry into most trades and for direct entry into the workforce. Upon completion of Math 10-3 with a grade of 75% or higher, a student is eligible for enrolment into Math 10C.



MATH 10-3 TRANSITIONS

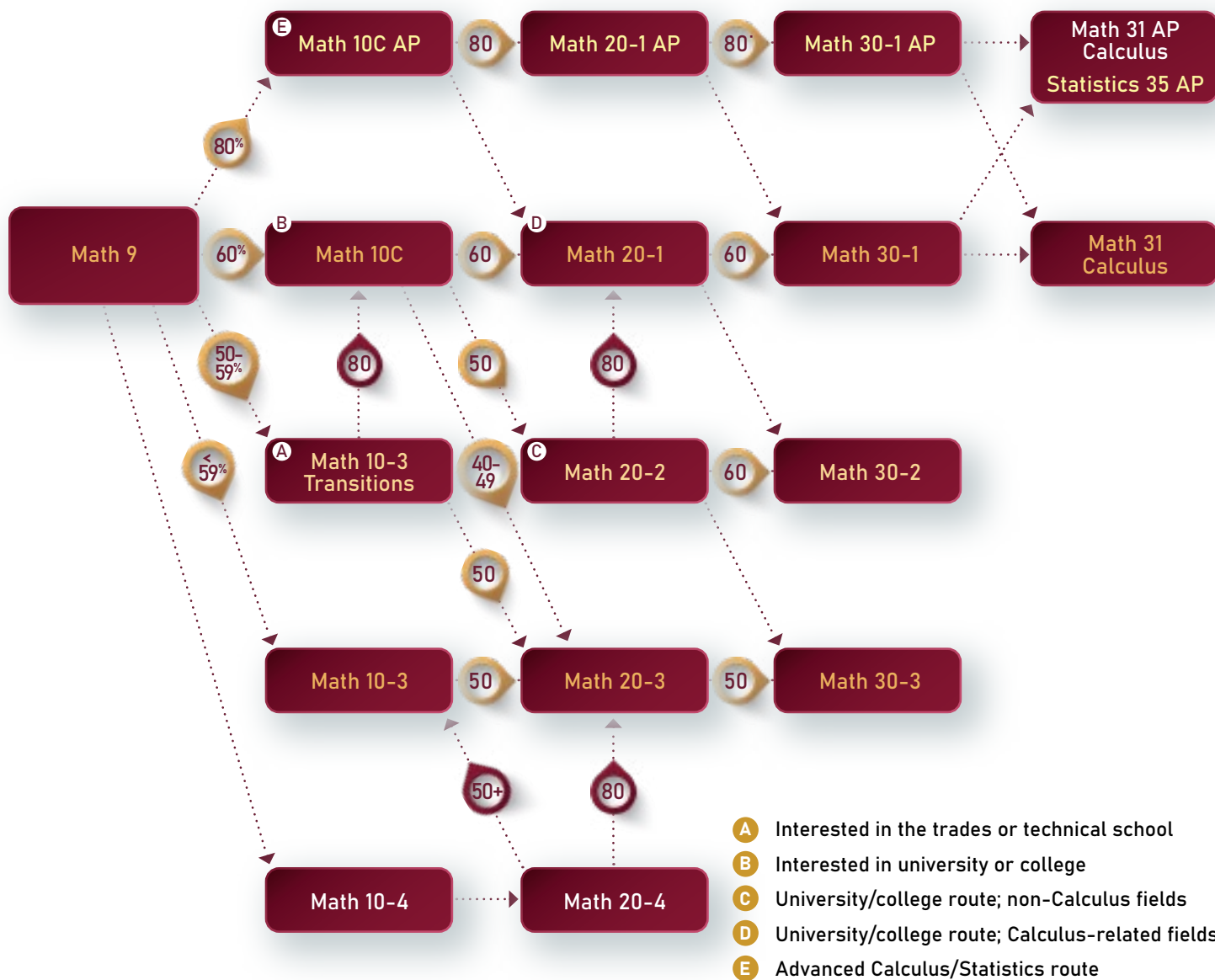
As students transition to high school, many find the progression from Math 9 to Math 10C to be a significant leap. To support our students in their numeracy journey we have developed a Math 10-3 Transitions program that is designed to provide the essential foundation to be successful in Math 10C for students who may find the progression from Math 9 challenging. By completing Math 10-3 Transitions, students will earn credits for Math 10-3 and time will also be designated to expose students to essential concepts for success in Math 10C such as algebraic skills, operations with exponents and radicals, and polynomial expressions. This course is targeted for students achieving 50-59% as a final grade in Math 9 with the future goal of completing Math 10C, as these students have historically been challenged to find success in Math 10C. If a student is successful in Math 10-3 Transitions in the first semester (80+%), school administration would facilitate enrolment in Math 10C second semester. Students may also choose to remain in the -3 stream upon successful completion of the course.

MATH 10-4, 20-4

Students in K&E programming will complete Math 10-4 and 20-4. These courses focus on developing essential mathematics knowledge, skills, and attitudes needed for everyday living—at home, in the workplace, and in the community—and that will support direct entry into the workforce. Mathematics competencies are developed by using information and activities that directly relate to the student's current and future experiences.

AP MATH

AP Mathematics courses are designed to equip students with the skills and knowledge to participate in AP Calculus and AP Statistics courses at the 30 level.



SCIENCES

SCIENCE 10 (5 credits)

Science 10 is an academic course designed to be an introduction to high school science. In addition to an introduction to the scientific method, the units of study are chemistry, physics, biology, and environmental science. Science 10 also involves learning lab skills, performing numerous experiments, and learning problem-solving skills that are necessary for subsequent academic science courses.

Upon successful completion of Science 10, students will be directed into higher-level courses based on overall achievement and achievement in individual units of study:

- **SCIENCE 20/30**
- **CHEMISTRY 20/30**
- **BIOLOGY 20/30**
- **PHYSICS 20/30**

SCIENCE 10 AP (5 credits)

Advanced Placement Science is a wonderful opportunity for students who have a high interest and passion in science to challenge themselves by pursuing Grade 10 science at a level exceeding the Alberta Curriculum. This course prepares students for Advanced Placement Biology 20, Advanced Placement Psychology 20/30, and Advanced Placement Chemistry 20, three courses offered at Archbishop O'Leary Catholic High School.

In addition to the Science 10 curriculum, students will be given additional information in the topics of chemistry and biology and perform experiments that have a greater emphasis on inquiry-based learning. It is of note that the additional academic rigour involved with Advanced Placement curriculum can lead to students earning university credit before leaving high school.

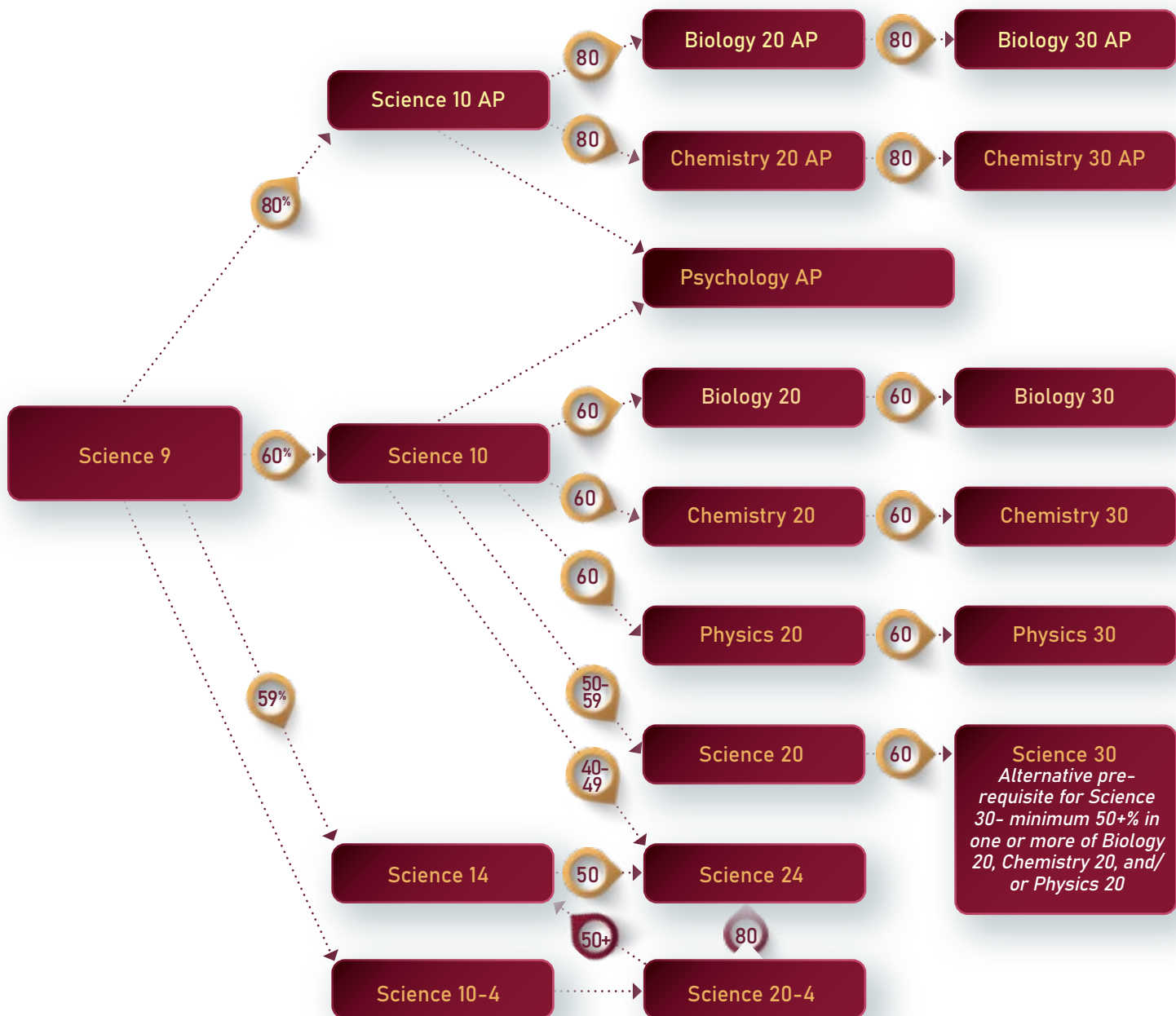
SCIENCE 14 (5 credits)

Science 14 is a general science course designed for students who have found difficulty with the Grade nine science and math programs. The course has four units: investigating the properties of matter, energy transfer technologies, matter and energy in living systems, and investigating matter and energy in the environment. Upon successful completion of Science 14, students will register in Science 24 and, upon completion, will receive the ten credits in science needed for high school graduation.

SCIENCE 10-4, 20-4

Students in K&E programming will complete Science 10-4 and Science 20-4. These courses focus on developing and applying the science skills needed for everyday living at home, in the workplace, and in the community. Themes related to vocational training and life skills are investigated.





SOCIAL STUDIES

Social Studies provides opportunities for students to develop the attitudes, skills, and knowledge that will enable them to become engaged, active, informed, and responsible citizens. Recognition and respect for individual and collective identity are essential in a pluralistic and democratic society. Social Studies helps students develop their sense of self and community, encouraging them to affirm their place as citizens in an inclusive, democratic society.

At Archbishop O'Leary, students taking Social Studies are provided educational opportunities to become holistically immersed in relevant and exciting curricular content. Through specific subject-based PDT offerings, guest speakers, field trips, social justice initiatives, and projects, O'Leary students are afforded exceptional learning experiences to help with development into active and responsible citizenship. The use of 21st century learning tools such as Google Classrooms, Google Sites, and Chromebooks also enhances the educational experiences of all our students and optimizes opportunities for personal success.

SOCIAL STUDIES 10-1, 20-1, 30-1 (5 credits each)

These courses are aimed at students who are in pursuit of the academic route of Social Studies. Prerequisite for registration into this stream is a mark of 60% or better in Grade 9 Social Studies. It is assumed that students in this stream are also enrolled in English 10-1, 20-1, and 30-1, as the analysis, synthesis, and written component demands in this academic route are substantial.

SOCIAL STUDIES 10-2, 20-2, 30-2 (5 credits each)

These courses are aimed at students who wish to fulfill the requirements for the Alberta Education Diploma. Students who are enrolled in English 10-2 are encouraged to enrol in Social Studies 10-2 stream as well. While many of the general concepts in these courses are similar to those in Social 10-1, 20-1, and 30-1, a different textbook resource is used and the depth of knowledge and teaching style are also altered.

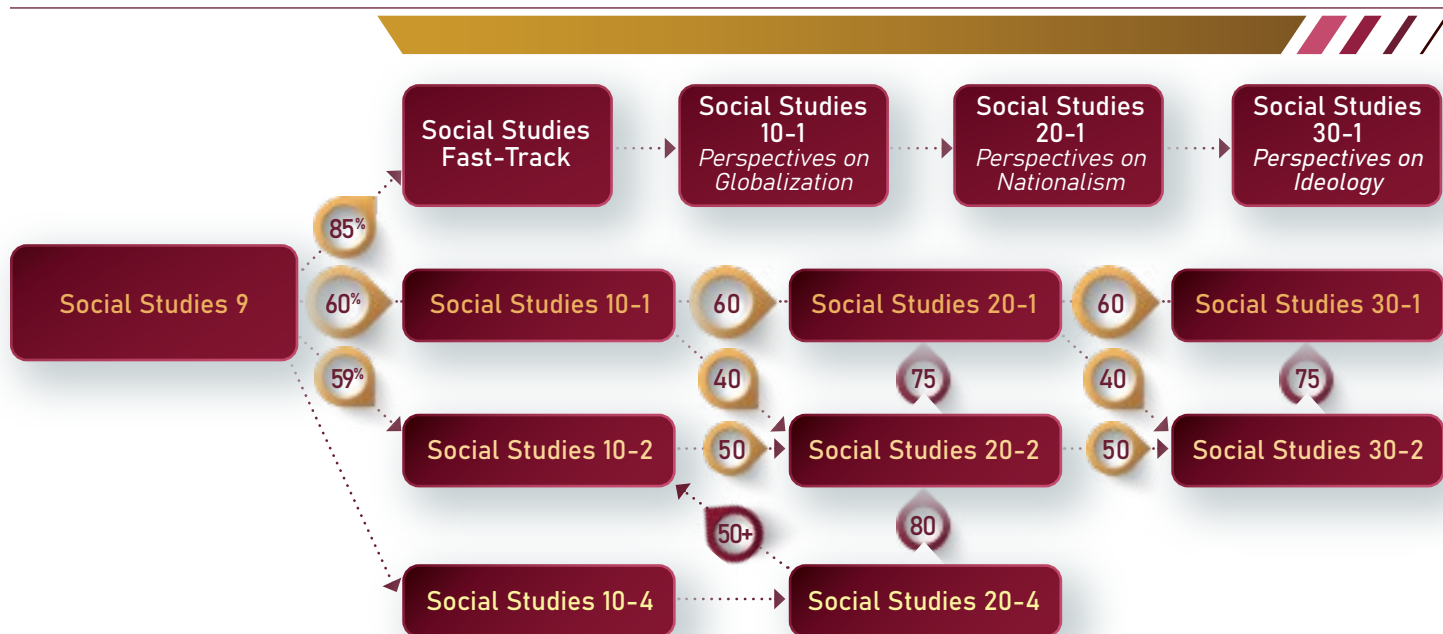
FAST-TRACK SOCIAL STUDIES 10-1, 20-1, 30-1 (15 credits)

This unique program, available only at Archbishop O'Leary, provides students with an opportunity to complete their high school Social Studies requirement for graduation in their Grade 10 year. Here, students with an average of over 85% in Grade 9 Social Studies are provided the opportunity to take Social Studies 10-1, 20-1 and 30-1, all in one year. The abbreviated time for each course demands that only top academic students are considered for this unique venture. With 3 courses completed over the course of 2 semesters in the school year, more flexibility is afforded to a student's high school program schedule in their Grade 11 and 12 years. With all Social Studies requirements completed in Grade 10, this course provides the opportunity to pursue other programs our school has available, including Advanced Placement options.

SOCIAL STUDIES 10-4,20-4

Social Studies 10-4 and 20-4 provide students the opportunity to develop active and responsible citizenship skills and the capacity to inquire, make reasoned and informed judgements, and arrive at decisions for the public good.





PHYSICAL EDUCATION



PHYSICAL EDUCATION (3 or 5 credits)

Physical Education 10 is a mandatory course for all Grade 10 students. The 3-credit course is suitable for those students who wish to fulfill the minimum high school diploma requirement to graduate. The 5-credit course is for those students who enjoy physical education and want to participate in daily physical activities.

CAREER & LIFE MANAGEMENT-CALM (3 credits)

This is a mandatory course prescribed by Alberta Education and is a requirement for a high school diploma. The course delves into the following three outcomes: Personal Choices, Career and Life Choices, and Resource Choices. Each outcome attempts to inform students of the world and expectations that surround them. The units challenge students to make sensible decisions about their present lifestyle and future lives. The course examines the skills needed to make a successful transition following high school.

HEALTHY LIVING PHYSICAL EDUCATION 10 AND 20 (3 Credits Female)

At O'Leary, Physical Education 10 and 20 3-credits Female courses are run using the Healthy Living model. This program is focused on the non-traditional areas of physical education. Students will actively participate in activities and lessons that promote a lifestyle of healthy living in a progressive setting. The objective is to empower young women to develop confidence and understanding of what it means to live a healthy life and to encourage a lifetime of physical literacy. This program also extends students' knowledge of their personal health, including their mental, emotional, and social well-being. This is an excellent program for girls who want an alternative to traditional physical education.



RELIGIOUS STUDIES



RELIGIOUS STUDIES

Religion courses are intentionally directed to the growth of the whole person. An integral education aims to develop gradually every capability of every student: their intellectual, physical, psychological, moral, and religious capacities. Spiritual intelligence equips students with the resources to build engaged and compassionate leaders. Students are provided with lessons to grow in their personal relationships with God, be knowledgeable about their faith, and integrate these beliefs and traditions into their personal lives. In addition to studying God's words, we put His words into action. Religion classes encourage all students to participate in Christian Service and grow in their abilities to serve others.

RELIGION 15

Religion 15 explores major cultural issues from a Christological perspective. Beginning with their own life experiences, students acquire a deeper and more systematic knowledge of themselves, Christ's message, and the Church. Connections between the Church and contemporary culture are explored in terms of what it means to be a responsible adolescent developing as a member of a Catholic, Christian community while living within the context of a broader culture.

RELIGION 25

Religion 25 invites students to deepen their relationship with Jesus through a prayerful study of Scripture. Students will explore the Jewish historical, religious, and cultural world into which the Messiah was born and the Old Testament covenant fulfilled. Using the Gospels as primary sources,

the course explores Jesus' birth, early life, and ministry; his preaching of the Kingdom of God; his special teachings, particularly the parables; and his miracles. It then focuses on the scriptural accounts of his death and Resurrection, and the Ascension, and their central significance for the Church's understanding of Jesus as the Christ, the Son of God.

RELIGION 35

Religion 35 challenges students to understand themselves as moral persons called to discipleship by living the way of Christ. Through an examination of ethical theories, the revelation of Sacred Scripture, and the lived experience, and teaching of the Catholic Church, the course invites students to mature as active participants in their faith. At the heart of catechesis is the human search for happiness as the completion of the superabundant love of God. The same tension which exists between the revelation of God's love and the explorations of human reason is worked out in the areas of freedom, justice, human relations, ecology and reconciliation, life in community, and political life.

RELIGIONS OF THE WORLD 35

In this course, World Religions, we will be focusing on dialogue between religions, as well as some major religions of the world and how they impact our world today. The objectives of the courses in religious studies are to provide an opportunity to experience cultural, historical, and contemporary issues from a religious point of view, and through the study of religion as a separate discipline to develop a philosophy based upon values conducive to ethical and moral behaviour and reflected in an understanding of human worth.

BUSINESS ADMINISTRATION, FINANCE, & INFORMATION TECHNOLOGY

COMPUTING SCIENCE 10/20/30-AP

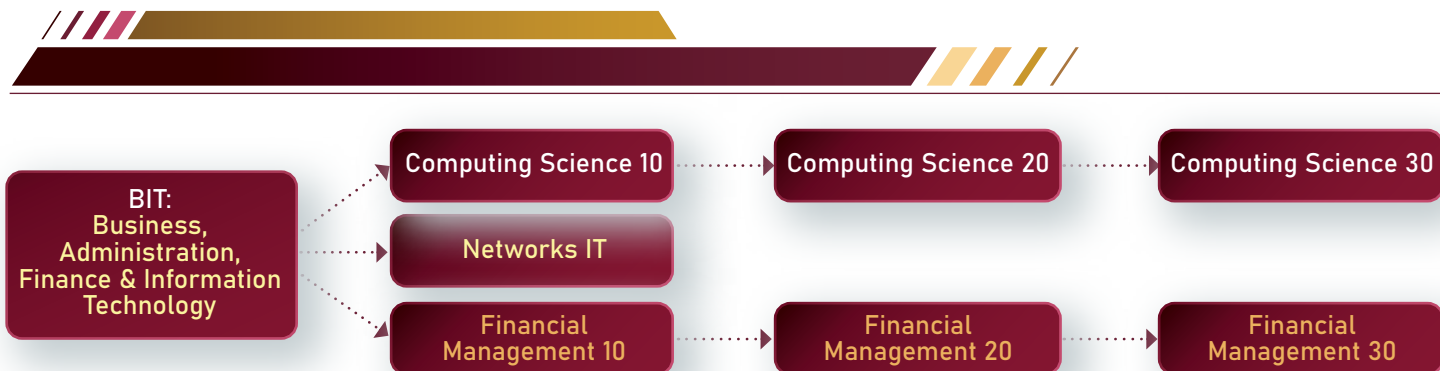
Our exciting Computer Science and Robotics program teaches computer programming through problem solving, simulation, and robot programming. At the introductory level, students use the Python programming language which is the backbone of many well-known applications such as Google, YouTube, Instagram, and more. The intermediate and advanced computer science courses transition to the use of the Java programming language to construct more sophisticated simulations and solve more advanced problems. Most importantly, the class encourages creativity and systematic reasoning while developing important mathematical and computational skills. Computer Science 30-AP will give students the opportunity to obtain five 30-level credits, which are required when using Computer Science as an entry requirement for university. Furthermore, students will be able to challenge the Computing Science AP exam, thereby giving them the opportunity to obtain credit for a university-level Computing Science course while still in high school.

NETWORKS IT

NetWorks IT is an exciting course that can lead students towards their CompTIA A+ exam and certification. Students will learn valuable skills such as building your own computer and troubleshooting areas of computer technology such as networks, workstations, laptops, as well as, peripherals such as printers and scanners, just to name a few!

FINANCIAL MANAGEMENT 10/20/30

Students develop knowledge and skills in the areas of personal finance, accounting, and financial software. Topics include: personal budgets (the cost of living on your own!), investments (stocks, bonds, mutual funds), loans, mortgages, taxation, accounting for service and retail businesses. Students will also gain relevant and hands-on experience creating spreadsheets and using Sage 50 accounting software.



HEALTH, RECREATION, & HUMAN SERVICES

COSMETOLOGY 10/20/30

Taking part in Cosmetology will help students develop technical skills and knowledge related to the beauty industry. Course credits are not only fun to earn, but also count towards Alberta Apprenticeship training!

Cosmetology 10 focuses on professionalism, shampooing, hair styling, and braiding.

Cosmetology 20 focuses on deep conditions, advanced styling, long hair design, perming, and colouring.

Cosmetology 30 focuses on client services, hairstyling, updos, colour, foiling techniques, and special effects makeup.

SPORTS MEDICINE 10/20/30

The Sports Medicine Program at Archbishop O'Leary introduces students to foundational skills and knowledge in health-related fields such as sports medicine, emergency care, physical therapy, and kinesiology. Through hands-on learning and theoretical study, students develop practical abilities in areas like injury management and taping, CPR, nutrition, and musculoskeletal health.

In addition to core coursework, students can pursue valuable third-party certifications, including certificates from the Sports Medicine Council of Alberta and the National Coaching Certification Program. These certifications, guided by both the school and external partners, allow students to build credentials for future employment and career exploration.

Enhanced learning opportunities enrich the program, featuring expert presentations, career days, EMS tours, live surgery observation, and the opportunity to engage in on-campus and off-campus practicums.

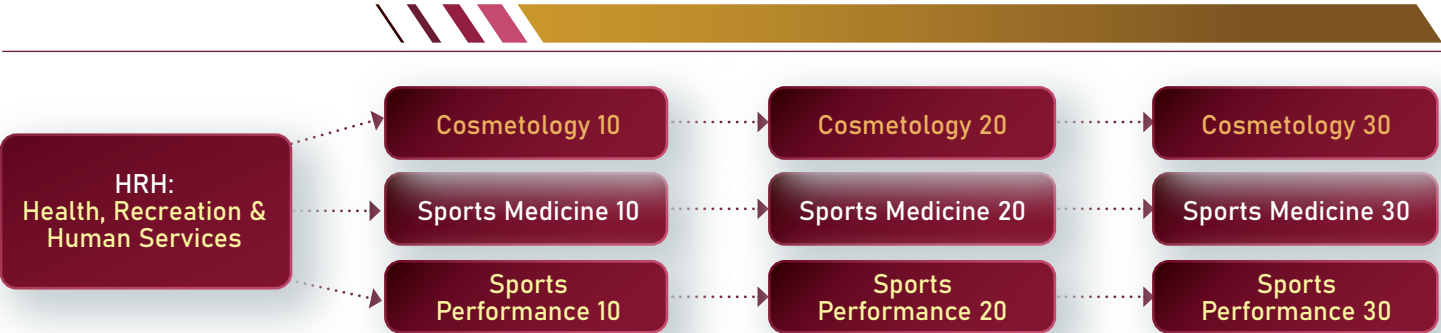
Through this comprehensive blend of classroom learning, practical skill-building, and optional field experiences, the Sports Medicine Program prepares students for further studies or entry-level roles in health, sports, and recreation fields.

SPORTS PERFORMANCE 10/20/30

This course is designed to be an interactive experience where students will be able to deepen their understanding and take more ownership of their personal, athletic, and sport development by providing instruction in the areas of Sport Psychology, Nutrition, Leadership Fundamentals, Foundations of Training, and Athletic development.

This is an excellent opportunity for students who may have an interest in careers connected to Kinesiology, Sport & Recreation Programming, Personal Training, Coaching, Sport Psychology or Nutrition, to name a few. By enrolling in this course, students support their own development and performance in their athletic endeavours.

***Note:** Students enrolled in Soccer Academy are not eligible for this course.*



TRADES, MANUFACTURING, & TRANSPORTATION

PLUMBING (PIPE TRADES) 15/25

Minimum prerequisite is successful completion of Math 10-3.

Archbishop O'Leary is the only school in western Canada that offers an apprenticeship pipe trades program. This is a two-part course designed to get students prepared and ready for a career in the pipe trades of steamfitter-pipefitter, plumber, gasfitter, or sprinkler fitter. The course introduces students to a variety of tools and practical pipe trades skills, while building on safety concepts and pipe trades theory.

By the end of this program students can expect to earn a total of 15, 30-level high school credits, five in plumber 15 and 10 in plumber 25. The course covers the same material found in post-secondary institutions such as NAIT, SAIT, or Alberta Pipe Trades College, and provides the unique opportunity for students to write their first-year pipe trades AIT exam while still in high school.

Upon successful completion of this exam and a further fifteen hundred hours, which are earned on the job, students will be recognized as second-year steamfitter pipefitters, plumbers, gasfitters, or sprinkler fitters, jump-starting their career in the pipe trades industry.

CONSTRUCTION 10/20/30

Unlock Your Creativity with Woodworking!

Ready to dive into a world of creativity and craftsmanship? Join our exciting woodworking course where you'll learn to transform raw materials into stunning, handcrafted wood products!

Get Hands-On Experience: Experience the thrill of working with your hands as you master essential woodworking skills. Whether you're a complete beginner or looking to sharpen your abilities, this course is designed for YOU!

Choose Your Adventure: Explore a variety of woodworking modules tailored to ignite your creativity. From designing unique projects to honing your discipline, you'll gain invaluable skills that can set you up for future success!

Build Your Future: Discover potential career paths in the woodworking industry while creating beautiful, functional pieces. Not only will you walk away with amazing projects, but you'll also develop a strong sense of accomplishment and pride.



MECHANICS 10/20/30

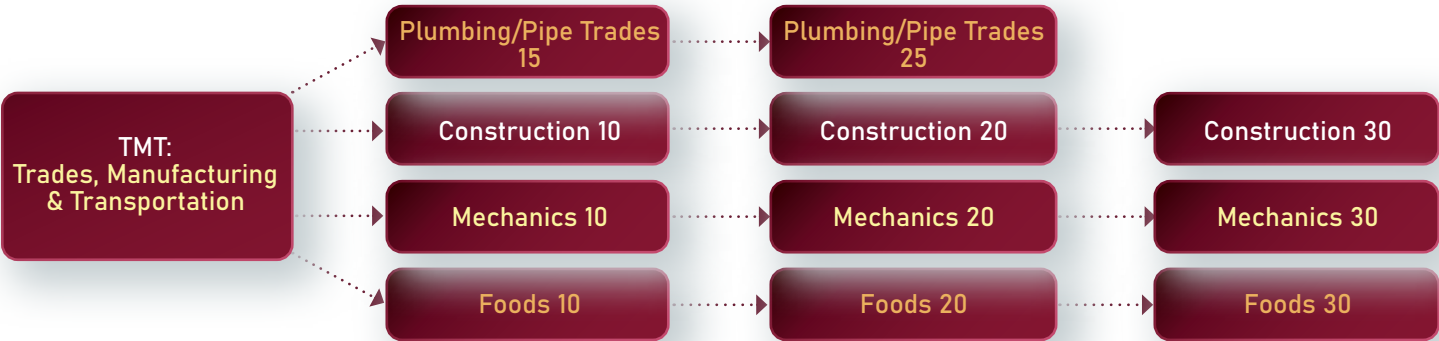
Mechanics provides students the opportunity to develop valuable skills that come from engaging in theory and hands-on learning experiences. Students work in a lab that provides them with an understanding of safety and real-life training, as well as sharpening their math and science skills.

There are approximately 25 different modules available in three levels; introductory, intermediate, and advanced. Each module is one credit.

FOODS 10/20/30

Foods classes provide students with an opportunity to learn how to prepare, plan, and create food that highlights technical skills and knowledge of nutritional well-being. Students will learn about food from a personal, hands-on perspective. These courses will help students develop skills that focus on safety, sanitation, nutrition, meal planning, cooking techniques, and presentation.

Learning to cook will enrich one's life by exposing students to potential careers, personal well-being, and diverse cooking techniques.



MEDIA, DESIGN, & COMMUNICATION ARTS

DESIGN 10/20/30

Ignite Your Imagination with Our Design Program!

Are you ready to unleash your creativity and explore the thrilling world of design? Join our dynamic, project-based program that covers everything from 3D Modeling to Graphic Design and beyond!

Explore Diverse Disciplines: Whether you're dreaming of building the next architectural marvel or crafting eye-catching graphics, this program has something for everyone! Explore Mechanical Engineering, Interior Design, Green Design, and more!

Use Industry-Standard Tools: Get hands-on experience with cutting-edge software used by professionals. Learn the skills that will set you apart and give you a competitive edge in the design world!

Bring Your Ideas to Life: Watch your creations come to life with our state-of-the-art 3D printing technology and custom t-shirt printing. Transform your innovative designs into tangible masterpieces!

Join the Creative Revolution: This is your chance to learn, create, and innovate in a fun and supportive environment. Don't just dream—design your future!

DIGITAL MEDIA 10/20/30

Dive into the World of Digital Media!

Are you ready to transform your ideas into stunning visuals and engaging content? Join our exciting course designed for students eager to master the art of communication through various forms of media!

Explore Your Passions: Choose your path from Graphic Design, Multimedia Design, Animation, T-Shirt Printing, or Audio/Video Production! Mix and match to discover what sparks your creativity the most!

Hands-On Learning: Get ready for a truly immersive experience! Our course emphasizes practical skills, allowing you to work on real projects that bring your visions to life. Learn by doing and see your ideas take shape!

Kickstart Your Career: This isn't just a course; it's your gateway to a future in digital media. Develop valuable skills that open doors to exciting career opportunities in a rapidly growing industry!

Don't wait to unleash your creativity! Sign up today and start crafting compelling messages that captivate audiences. Your journey into the dynamic world of digital media starts here!



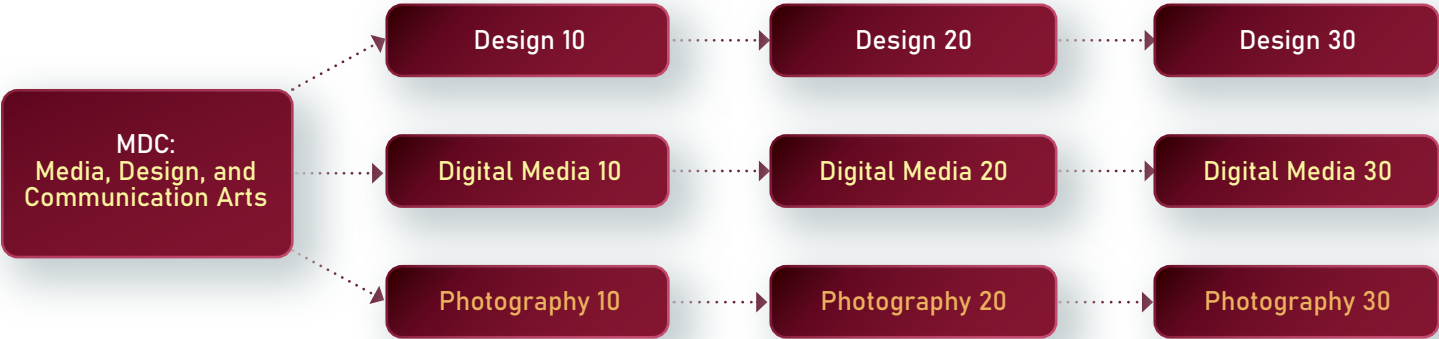
PHOTOGRAPHY 10/20/30

Photography is an art form that connects people across the world. We can tell a story with images and capture a single moment in time. As the world becomes increasingly digital, the skill to tell a story with images becomes more important.

By enrolling in the Photography program at Archbishop O’Leary Catholic High School, students will gain the skills necessary to become a photographer but also the ability to make an impact with every single image. Topics include:

- Learning about composition—how to take a properly balanced image, set-up, and examine exposure while using a camera.
- Technical and creative uses of aperture, shutter speed, and ISO.
- Fundamentals of digital image manipulation and image-editing software to improve image composition.
- Use of photographic prints or digital images to communicate a message or tell a story.
- Use of various lenses and how to apply depth of field in composition.

And much more!



MODERN LANGUAGES

FRENCH 10/20/30 (3-Year Program)

Students will use their life and learning experiences related to specific contexts to comprehend a variety of messages in French. They will also be able to express messages in French that have personal meaning. Students will understand and express oral or written messages involving a variety of language functions related to various contexts. Students will use their knowledge of familiar French language structures, as well as cultural and intercultural knowledge, to understand and express messages effectively.

FRENCH 10/20/30 (9-Year Program)

Students will use their knowledge of French to understand and express a message effectively in various situations for a variety of purposes. Students will use, with accuracy, knowledge of linguistic elements of the French language to communicate effectively. Students will use their knowledge of different Francophone cultures and their own culture to be able to interact appropriately within these cultures. Students will use their knowledge of strategies to enhance learning and communicate in French.

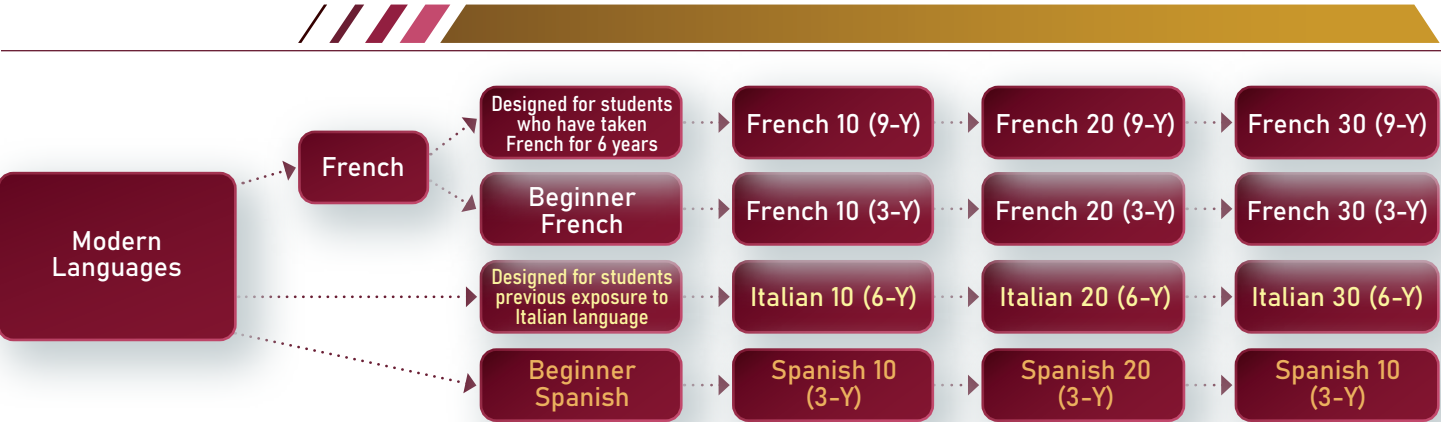
ITALIAN 10/20/30 (6-Year Program)

Previous exposure to the Italian language is required for Italian 10

The Italian curriculum at O'Leary is intended to provide a true exposure to the language and culture of Italy. Students at the Italian 10 level will be given the opportunity to build meaningful and useful vocabulary foundations, as well as structure of the Italian language. Students in Italian 20 and 30 level will review and build on their knowledge from the previous course, expanding on their language and culture knowledge into a more proficient communication.

SPANISH 10/20/30

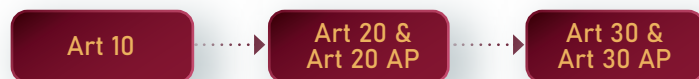
Students in the Spanish 10 course will build a solid foundation to communicate effectively at a beginner's level. Students will learn not only grammar and language structures, but they will also learn about the diverse cultures of the Spanish-speaking world: its people, its landscape, its cities, its customs, and its traditions. Cultural projects will be presented based on a country chosen and studied by each student. This course is delivered in many ways to suit the needs of all students. No prerequisites are necessary to take this level.



FINE ARTS

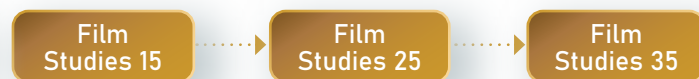
ART 10/20 (3 or 5 credits) ART 30 (5 credits)

Art education is concerned with the organization of visual material and allowing individuals to think and behave as artists. Art is accessible to all individuals and deals with ways in which people express their feelings in visual forms. Art 10–20–30 is a sequential program that focuses on three major components of visual learning: drawing, compositions, and encounters with art. Significant studio time is spent working with the following mediums: graphite, charcoal, conté, chalk/soft pastel, oil pastel, coloured pencil, ink, clay, watercolour, acrylics, etc.



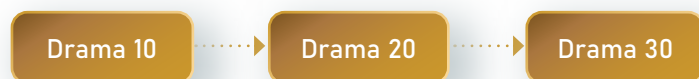
FILM STUDIES 15/25/35

The introductory Film Studies course explores film and media art as an artistic form of expression and acts as a complement to Drama, English, and Communication Technology Studies.



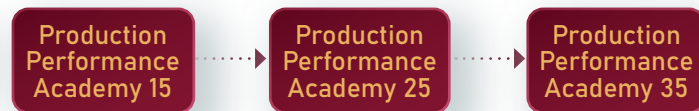
DRAMA 10/20/30

Drama allows students to communicate with and understand others in new, meaningful ways. By using their creativity and drive to perform, students engage with the world around them in ways never thought imaginable. Participating in Drama at Archbishop O'Leary prepares students to live and work in a world that is increasingly team-oriented by encouraging collaboration and empathy.



PRODUCTION PERFORMANCE ACADEMY

Production Performance Academy is a school-scheduled program that produces two plays, a musical, and a non-musical each year. The Academy is not about individuals—it is about students working together and creating all aspects of the theatre productions. Academy productions and activities are group efforts culminating in a final product that is a symbol of the collaborative efforts of all involved. The Academy is open to all O'Leary students—no matter what grade you are in or what your skill level is. It is a place where everyone is treated with respect and students are encouraged to take risks to explore their potential.



FINE ARTS cont'd

MUSIC

COMPREHENSIVE MUSIC ADVANCED 10/15, 20/25, 30/35 (8 or 10 credits)

The Instrumental Music (Band) and the Instrumental Jazz curricula are combined in this comprehensive music course offering that is unique to Archbishop O'Leary Catholic High School. Each music student explores Instrumental Music (concert band music) and Instrumental Jazz (popular music) as a performer, listener, creator, researcher/historian, and consumer.

Instrumental music students at O'Leary receive 8 credits/semester in both Instrumental Music 10-20 (5 credits) AND Instrumental Jazz 15-25 (3 credits). Instrumental Music 30 (5 credits) and Instrumental Jazz 35 (5 credits) contribute for 10 credits in Grade 12. The prerequisite for these Instrumental Music courses is successful completion of Grade 9 Instrumental Music.

Comprehensive Music encompasses performance, music, theory, and music research in both Jazz and Band. Instrumental Music students have the knowledge and capacity to journey through to further education in Music and will have grown in their lifelong appreciation and understanding of music and the Arts.

CHORAL MUSIC 10/20/30 (5 credits)

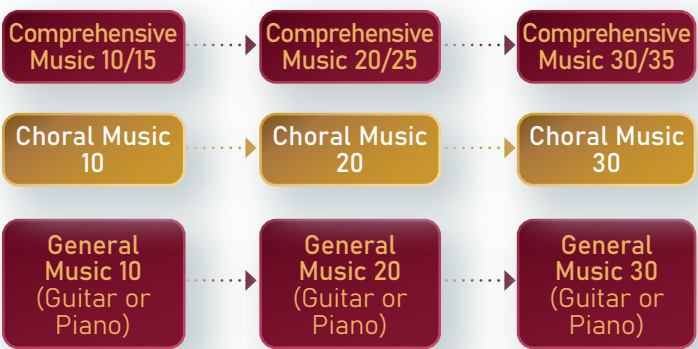
The Choral Music program seeks to develop musical competency and strives for excellence in vocalization. The concepts of rhythm, melody, harmony, form, and expression provide the intellectual framework of the Choral Music program. Concepts are taught through student participation in the skill areas of singing, playing, listening, reading (and writing), and creating. Choristers participate in music in the active process of performance as listeners, evaluators, consumers, and historians. Students grow in their confidence and develop a lifelong capacity to share their God-given talents.

GENERAL MUSIC 10/20/30 (GUITAR) BEGINNER (3 or 5 credits)

Music-making on the guitar is the focus of General Music. No previous guitar-playing experience is required for this course. Instruments are supplied for students for take-home and in-class practice. General Music GUITAR 30 may be offered for 5 credits and used for post-secondary entrance.

GENERAL MUSIC 10/20/30 (PIANO) BEGINNER (3 or 5 credits)

General Music Piano is an opportunity for students to earn credit while learning to play the piano. No previous musical experience is required. This non-performance-based course provides students with electric keyboards for group and individual growth as a musician. General Music Piano 30 may be offered for 5 credits and used for post-secondary entrance.



POTTERY & CERAMICS 15/25/35

No prerequisite for Pottery/Ceramics 15. This course teaches the basic wheel throwing skills and hand-building techniques to do pottery. Students will also use clay to create sculptures and learn to appreciate artwork in 3D form. Ceramics 35 may be used as a level 30 Fine Arts class for post-secondary entrance. Relax, socialize, and have fun in pottery.

Pottery/
Ceramics 15

Pottery/
Ceramics 25

Pottery/
Ceramics 35

Mr. Ferguson by Kayden Firmaniuk

Lidded Pot Ariana Hamza



ABORIGINAL STUDIES 10/20/30

The goal of Aboriginal Studies is to shift the thinking, understanding, and knowledge of Aboriginal peoples, the issues and challenges they face, and the contributions they have made to society.

- **Aboriginal Studies 10** is based on perspectives and worldviews of Aboriginal peoples. It includes the study of traditions and history of Aboriginal peoples in Canada, particularly in Alberta. Student learning outcomes provide opportunities to examine such topics as governmental structures, literature, the arts, and the sciences.
- **Aboriginal Studies 20** focuses on Aboriginal peoples from a Canadian and Alberta perspective. It includes the study of policies, legislation, conflict, and cultural change.
- **Aboriginal Studies 30** provides students with a greater understanding of the current issues facing Aboriginal peoples worldwide. Aboriginal Studies 30 enables students to demonstrate an understanding of the issues of Aboriginal rights and self-government, Aboriginal land claims, Aboriginal peoples in Canadian society, and Aboriginal world issues.



PSYCHOLOGY ADVANCED PLACEMENT 20-30 (6 credits)

Prerequisite Science 10

Psychology 20-30 AP is a one semester combined course where students receive 6 credits on their Alberta transcript. This course introduces students to the scientific study of human behaviour and mental processes. Students will explore and apply the key concepts behind psychological theories to topics such as the biological bases of behaviour, sensation, perception, learning and cognition, motivation,

developmental psychology, testing and individual differences, treatment of abnormal behaviour, and social psychology. In addition, this course gives students the opportunity to earn university credit in a 100-level psychology course.

**This course does not replace having a 20-level science.*

FORENSIC SCIENCE 25 – INTRODUCTION TO FORENSIC SCIENCE (3 credits)

Prerequisite Science 10

Forensic Science 25 is an option course that includes the study of basic scientific concepts and technologies related to solving crimes. Basic forensic skills such as evidence

collection, laboratory analysis, and inquiry in case studies will be addressed from a forensic scientific perspective.

FORENSIC SCIENCE 35 – ADVANCED FORENSIC SCIENCE (3 credits)

Prerequisite Science 10

In Forensic Science 35, students will use their understanding of scientific method to investigate criminal case studies, conduct laboratory experiments, and complete research

assignments in the following topics: Forensic Entomology; Anthropology; Toxicology; Ballistics; Explosives; and Criminal Investigations.

**Forensics 25 and Forensics 35 do not have to be taken in sequential order.*

ADVANCED PLACEMENT

Advanced Placement (AP) classes are designed to encourage and support students looking for an enriched academic experience. AP is an opportunity for students to prepare for the academic rigours of university classes by challenging them to think critically and attain skills needed for a post-secondary experience.

Students at Archbishop O'Leary can complete AP courses in:

- Biology
- Calculus
- Ceramics
- Chemistry
- Computer Science
- Drawing
- English
- Psychology
- Statistics

WHO SHOULD TAKE AP?

- Students who have achieved a minimum 80% in the prerequisite course.
- Highly motivated individuals wanting the best preparation for their post-secondary experience.

WHY SHOULD STUDENTS CONSIDER AP?

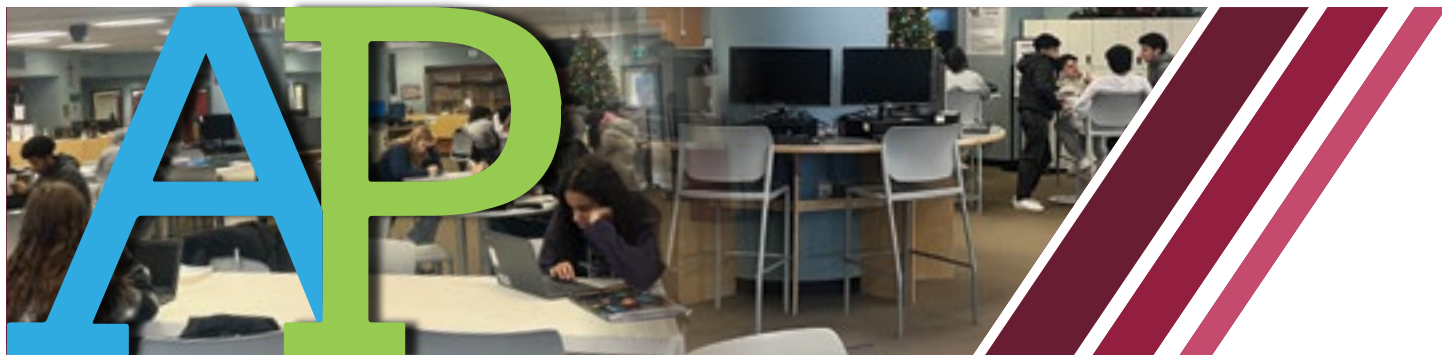
- To gain an enriched experience in an area of study with other like-minded students.
- Access peer support.
- To follow an area of passion that allows inquiry beyond the Alberta Curriculum.

THE AP ADVANTAGE:

- A student's mark is only generated by Alberta Curriculum assessments consistent with non-AP courses. Therefore, there is no academic penalty to the exposure of additional content provided within the AP curriculum.
- Once a student reaches an exam-level course, they write an AP Exam. These exams are low risk, as they are not included in the final mark that appears on the Alberta transcript. Students who achieve an overall higher grade in their AP course may use this final mark towards admission into post-secondary instead of the lower Alberta grade.
- Students who achieve a minimum grade in their AP courses may qualify for 100-level post-secondary credits.
- AP scholarships are provided to select AP students upon graduation.

REGISTRATION

Registration in AP requires students to start the AP pathway in Grade 10 and follow through in Grade 11 and 12. Students are expected to maintain a mark of 80% or higher to remain in AP courses. Please click below to see more details about each subject area or you can contact the school to speak to the AP Coordinator. Additional information can be found at bit.ly/aolap



SOCCER ACADEMY

The Archbishop O'Leary Soccer Academy is a full-year focused program for students who wish to play more soccer, learn the game, improve their game, or take their game to another level. The Academy offers various levels of classes for both boys and girls and tries to fit every student to an appropriate level where they can develop their game at their own pace while having fun.

Throughout the year, students will engage in training that will introduce and develop skills that will impact their overall performance. The individual aspects of the game (technical, tactical, mental, and physical) are worked on using an extensive range of practices, from individual work alone with a ball, physical fitness training, to drills within larger or smaller groups, to competitive game-like drills as well as full-on game situations.

The Soccer Academy also trains the four game situations (defending, attacking, transition moments, and set pieces) by using a wide range of drills and training situations, modified games, as well as full-on game situations. Each year, the Academy tries to go on a showcase tournament. In the past, the Academy has gone to showcase tournaments in Phoenix, and soccer tour trips to Italy, Hawaii, and San Diego.

Participating in the Soccer Academy is a terrific way for student-athletes to see various levels of competition around the world, as well as opening doors for students who would like to pursue soccer opportunities outside of Edmonton.





ARCHBISHOP O'LEARY CATHOLIC HIGH SCHOOL



BUILDING A

LEGACY OF COMMUNITY

COMMUNITY

STUDENT SERVICES

The Student Services department at Archbishop O'Leary Catholic High School features a multidisciplinary team that works with students to provide academic support, post-secondary/career planning, and personal/social support. Students are encouraged to access these supports by going to our Success Centre, where they can meet one-on-one with our Student Services team members and access group PDT sessions.

To ensure that students are experiencing success, the Archbishop O'Leary Support Model closely monitors and reviews academic progress, student engagement, and educational planning. Our Student Services team works closely with administration (Principal and Cohort Assistant Principals) to ensure that students are experiencing success and are on track for graduation. In collaboration with students and their families, we work to encourage course engagement, increase course completion, and improve personal well-being.

SUCCESS CENTRE

The Success Centre is a vibrant space within Archbishop O'Leary Catholic High School, where students can access support from our Student Services staff. This space can also be used by students to work independently and access the Assessment Centre to complete missed assessments.

As part of our goal to have students achieve their academic best based on their individual needs, we support student learning in a variety of delivery methods by providing students with choices to complete work through self-paced learning for select courses.



ARCHBISHOP O'LEARY SUPPORT MODEL

Principal

Collaborate with Division Office, Cohort Assistant Principals, teachers, and families to determine student programming.

Cohort Assistant Principals

Oversee all cohort programming. Work alongside the intervention team to develop and implement an appropriate plan for student success.

Cohort Counsellors

Counsellors are available to assist students with educational counselling, personal supports, and post-secondary/career planning. Referral to academic and/or mental health supports need to be made to the Cohort Counsellor.

Success Coordinators

Facilitate interventions for students who are at risk of not achieving success in school. Work to support Cohort Counsellors in graduation planning and transition planning.

Inclusive Supports

Programming to support the inclusion of all students within the classroom and school community. Includes:

- Braided Journeys Grad Coaches
- EAL Designate
- Instructional Coaches

Wellness Supports

Services providing mental health and well-being support for students and families. Includes:

- Counselling Therapist
- Social Worker
- School Resource Officer (SRO)

Academic Supports

Supporting students with credit recovery, course completion, and off-campus experiences. Includes:

- Off Campus/RAP Coordinator
- Subject Area Specialists

REGISTERED APPRENTICESHIP PROGRAM (RAP)

Traditionally, apprenticeships in Alberta started when a student graduated from high school. However, some students identify their career interests at an early age and are ready to practice their future trade while still in high school. The Registered Apprenticeship Program (RAP) is an opportunity for students to begin work in an area of interest.

RAP students are both full-time students and registered apprentices, dividing their time between an approved worksite and their high school studies. Students continue to take regular diploma-required courses to successfully earn their Alberta High School Diploma or Certificate of Achievement.

The time a RAP student spends at school and on the worksite can be quite flexible. The student, school, and employer jointly agree on a suitable schedule that will allow the student the flexibility to work while successfully completing registered courses.

Programming supports students who learn through on-the-job training and want a career where they work with their hands.

STUDENTS ENROLLED IN RAP CAN:

- work as an apprentice in one of the 50 or more designated trades
- spend part of the year completing high school diploma requirements and another part of the year working.
- gain experience at an approved worksite
- accumulate hours toward a ticket while attending high school full-time
- complete health and safety training
- get a head start on completing the first year of apprenticeship upon high school graduation

WORK EXPERIENCE 15, 25 & 35

Work Experience is a course available to high school students. This course allows students to work off-campus while obtaining credits towards their high school diploma. Students who have a part-time job or are looking for part-time work while enrolled at Archbishop O'Leary, should visit our Work Experience Coordinator to find out how they can earn up to 30 high school credits.



BRAIDED JOURNEYS

Archbishop O'Leary has a full-time Braided Journeys Coach and part-time Bridging Futures Coordinator who implement Braided Journeys programming and support. The Braided Journeys program assists in cultivating a caring, welcoming and positive place where Indigenous students see themselves, their contributions, and their culture represented, respected, and celebrated. Braided Journeys provides the following supports and services:

Academic

- Assistance with course selection, time management, and study skills
- Access to tutoring and exam preparation
- Support with post-secondary and scholarship applications

Cultural

- Access to Elders and Knowledge Keepers
- Opportunities to connect and build community connections

Leadership Development

- Social justice initiatives, including school-wide campaigns and community volunteering
- Blanket Exercise training and leadership development opportunities

Career Development

- Career exploration, career speakers, post-secondary campus tours, scholarship applications, and job shadowing
- Resume writing, job searches, and job shadowing
- Career days hosted by industry partners including health, law, business, and trades

Transitions

- Focused Transition to Ten program to prepare students academically and socially for the new high school environment
- Bridging Futures programming to prepare students for post-secondary study and career goals



HIGH SCHOOL COMPLETION PATHWAYS

The transition to high school can be challenging and often may require appropriate programming that allows for the development of skills and an understanding of course curriculum. To support students and their learning, Archbishop O'Leary High School staff works with families to determine education plans that will promote academic success. These pathways explore ways that students can develop knowledge, skills, and attitudes in courses while working towards achieving high school completion.

KNOWLEDGE & EMPLOYABILITY

(K&E-Dash 4 Programming)

Knowledge and Employability students typically want to enhance their academic and occupational competencies during their high school experience. The goal for students is often focused on transitioning into employment, continuing education and/or training opportunities.

A student may combine the K&E course with other senior high courses or transition between the two throughout Grades 10-12. Students taking the K&E pathway are working towards achieving a Certificate of High School Achievement (see page 46). However, some students may “bridge” toward a High School Diploma depending on their learner profile and work habits.

WHATEVER IS NEEDED (WIN)

Students working towards a Certificate of Completion are provided individualized learning opportunities and experiences. Programming centres around functional life skills and preparation for individual goals, including work study or work experience when possible.

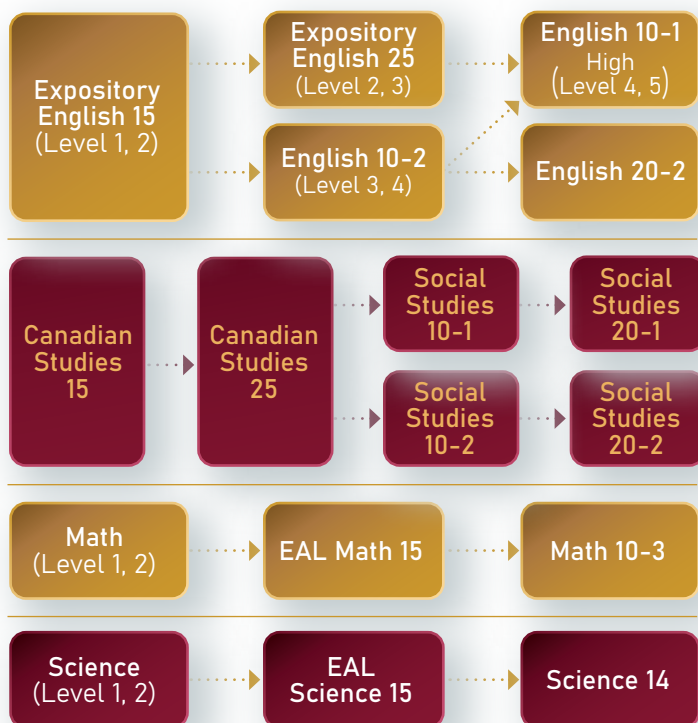
The WIN classroom is where students develop literacy and numeracy skills. Students are then immersed in typical learning environments where their strengths and abilities can be highlighted and enriched.

Students may begin their high school academic career in the WIN stream if they are unable to meet the requirements of other academic streams, and bridge up when possible to K&E courses if academic competency and readiness are demonstrated.

ENGLISH AS AN ADDITIONAL LANGUAGE (EAL) PROGRAMMING

Many students, both from other countries and from within Canada, speak languages other than English. Upon entering Alberta schools, students may have varying levels of English language proficiency. These students are an integral part of our evolving school and local community. A main objective of the EAL Program at Archbishop O'Leary Catholic High School is preparing students for the academic demands of high school, as well as connecting students to school and the greater community.

Courses are selected based on students' English proficiency, not necessarily their grade. Courses are designed to create language-rich environments that will help EAL students achieve higher levels of academic language proficiency through reading, writing, listening, and speaking.



INCLUSIVE PROGRAMMING

STUDENT ACCESS TO SPECIALIZED SUPPORTS FOR INCLUSION (SASSI)

SASSI is a department within Archbishop O'Leary High School where students with identified exceptional learning needs/special education needs are provided accommodations and supports that are deemed to be the most beneficial for the student.

PROGRAMMING

In SASSI, programming begins with the attempt to understand the learning profile of students who have identified exceptional learning needs and then select the accommodations, supports and/or services that will make the greatest impact on their ability to be academically successful and/or emotionally regulated.

Programming for students is often directed by their academic goals. Parents are invited to be active partners in the process of selecting and attaining these goals. This is typically done in an effort to achieve a High School Diploma, if possible, within the recommended three-year time frame. Programming is often diverse and unique to the student receiving it, especially for those whose needs exceed the norm. Some programming must be specifically tailored to match the unique needs of the student.

SUPPORTS AND SERVICES

All supports and services are founded on a diagnosis and the learning profile of the student. They are typically tailored to their specific needs. Examples can include,

- Accommodations for assessments. These parallel those provided through Alberta Education and can include isolated spaces and extra time for writing tests. Please note these are only available for students with diagnoses. They are not available for typical learners.
- Sensory-sensitive learning environments.
- One-to-one assistance with emotional regulation, when possible.
- Education Assistants working in collaboration with the classroom teacher to work toward achieving targeted goals for students with exceptional learning needs.
- Access to technological devices -computers and/or programs—for those whose profiles benefit from their use.
- Adapted courses for students with severe learning or emotional needs.
- Access to SASSI lab and office for quiet work, assistance with dysregulation, and nourishment.



EXTRACURRICULAR OPPORTUNITIES



STUDENTS' UNION

Spartan Spirit is encouraged by a talented group of student leaders who represent the Students' Union. Our group fosters the involvement and participation of all students in amazing school events that provide fun and school spirit, as well as active responsibility within our community.

By facilitating a wide variety of events during the school year, Spartan Spirit is all around our school community. Our Students' Union team works to create events and opportunities that focus on social justice initiatives, athletics, and creating shared experiences for all our students. Throughout the challenges of the pandemic, Students' Union has ensured that the Spartan Spirit remains strong and alive, by continuing to engage students in school initiatives and events that provide students with a high school experience that is safe, fun, and memorable!



ATHLETICS

A Tradition of Excellence in Sports

Archbishop O'Leary Catholic High School is the home of the Spartans—where being a champion is a way of life. A history of success in athletics lives on and is supported by a group of individuals who work tirelessly to provide opportunities and resources that help students develop skills and confidence in their athletic performance. This has resulted in multiple championships and hundreds of titles.

At the high school level, Archbishop O'Leary offers 12 different athletic teams. Below is a list of all the athletic teams and their season of play.

1st Semester Athletics

- Sr./Jr. Football (August to November)
- Golf (September to October)
- Sr./Jr. Volleyball (September to November)
- Cross-Country Running (September to October)
- Curling (November to March)
- Wrestling (December to March)
- Sr./Jr. Basketball (November to March)
- Swimming (September to December)

2nd Semester Athletics

- Badminton (March to April)
- Rugby (February to June)
- Slo-pitch (May to June)
- Sr./Jr. Soccer (April to May)
- Track and Field (May to June)



O'LEARY FITNESS CENTRE

The Archbishop O'Leary High School Fitness Centre is an essential resource designed to support students' physical and personal well-being. Equipped with a variety of equipment and staffed by trained professionals, the Fitness Centre offers students an opportunity to engage in physical activity, learn about healthy habits, and develop lifelong fitness skills.

The Fitness Centre is stocked with equipment such as free weights, cardio machines, resistance bands, and stretching areas to help students improve their strength, cardiovascular health, and flexibility. Whether it's through guided exercises or self-directed workouts, students can develop personalized fitness routines that match their goals.

The Fitness Centre is open to all students, regardless of their fitness levels. The Fitness Instructor is available to guide students through proper exercise techniques, help set fitness goals, and provide support when needed. The goal is to ensure that all students feel confident and capable, whether they are just starting their fitness journey or are seasoned athletes. The Fitness Centre aims to promote a healthy and active lifestyle that students can carry with them throughout their lives.





ARCHBISHOP O'LEARY CATHOLIC HIGH SCHOOL



BUILDING A

LEGACY OF FAITH

FAITH

FAITH FORMATION

Faith is an essential part of who we are as Spartans. It guides how we engage and respond to the needs of our community. Spiritual growth is important for developing the whole student; especially focusing on empowering students to become agents of change. To foster this spiritual awareness, Archbishop O'Leary has various religious opportunities that encourage student engagement in acts of charity and social justice initiatives.



SCHOOL CHAPEL

Our school chapel is an area of the school where students gather to engage in collaboration and reflection as they begin to form their Catholic identity. The chapel is a space for Spartans to come together to celebrate Mass, break bread and participate in discussions around faith and spirituality.

SCHOOL CHAPLAIN

Our school Chaplain provides a safe space for students to gather and be together. The Chaplain is somebody you can come talk to, and who can help you explore a deeper understanding of the Catholic faith through liturgies, retreats, and social justice initiatives.

Please talk to our school Chaplain about potential volunteer Religion hours through a variety of activities. To connect with the Chaplain remotely, please accept the invitation to the Chaplain's Space Google Classroom.

SOCIAL JUSTICE

At Archbishop O'Leary Catholic High School, our aim is to develop compassion and social awareness in our school community. Students engage in a variety of charitable experiences that focus on the Five Stages of Social Justice. As students engage in these opportunities, they gain an awareness and understanding of the needs of their community and begin the process of reflecting upon their role as individuals who can create change within their world.



HIGH SCHOOL GRADUATION REQUIREMENTS

COMPLETING HIGH SCHOOL AT ARCHBISHOP O'LEARY CATHOLIC HIGH SCHOOL

At Archbishop O'Leary Catholic High School, our goal is to ensure that every student experience success, and we do this by providing students with multiple pathways to complete high school. All students must complete Religious Studies 15/25/35 to participate in the Graduation Ceremony in their year of graduation.

HIGH SCHOOL DIPLOMA REQUIREMENTS

To successfully attain a High School Diploma, students must meet the following requirements:

- Earn a minimum of 100 Credits
- English 30-1 or 30-2
- Social Studies 30-1 or 30-2
- 20-Level Mathematics
- 20-Level Science
- Physical Education 10
- Career & Life Management (CALM)
- 10 Credits in a CTS/Fine Arts/Modern Language
- An additional 10 credits in a 30-level course (not English or Social Studies)

HIGH SCHOOL CERTIFICATE OF ACHIEVEMENT

To successfully attain a High School Certificate of Achievement, students must meet the following requirements:

- Earn a minimum of 80 credits
- English 20-2 or English 30-4
- Social 10-2 or 20-4
- Mathematics 10-3 or 20-4
- Science 14 or 20-4
- Physical Education 10
- Career & Life Management (CALM)
- 5 credits in a 30-level occupational course/CTS/ Locally Developed Course (Occupational Focus)
- 5 credits in Workplace Practicum/ Work Experience/Green Certificate/ Special Projects/RAP

CERTIFICATE OF SCHOOL COMPLETION

To qualify for the Certificate of School Completion, students must meet the following criteria:

- Worked on the goals and objective of their Individualized Program Plan/Instructional Support Plan
- Attended school for at least 12 years by the end of the current school year
- Is 17 years of age by March 1 of the current school year
- Nomination is submitted in a student's last year of high school
- Is registered with one of the following special education codes (41, 43, 44 or 52) at the time of school completion. Registrations with other special education codes can also be considered and will be reviewed by Learner Services Branch.



What will YOUR
LEGACY Be?

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1990s

1970s

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